



MOPS International Leader Certification

Goal Setting Lesson

STEP 1: What do we want to be known for? How do we want people to describe our group?
Write down all the words you can think of.

STEP 2: Separate the above words into the MOPS Structure:

Welcome Experience:

Create a safe experience where moms feel valued.

Meeting Experience:

Give moms an opportunity to explore new ideas, grow, be challenged, and uplifted.

Connection Experience:

Provide moms with the opportunity to form a relationship with others and with Jesus.

STEP 3: Use the above ideas to create measurable goals. Define your goals.

Goal:

Check-in Date:

- 1.
- 2.
- 3.

STEP 4: Make it Fun!

STEP 5: Trust God with the Impossible.

Our ultimate goal is growing closer to Jesus and encouraging others to do the same.